

# 2025 UPNA Rep Program

## Program Overview



Program	Competition	Carnivals	Training	Extras
<b>Junior State Age</b>	5 <sup>th</sup> – 8 <sup>th</sup> July 2025 Sunshine Coast Netball Association	Junior Rep Teams will attend 4 carnivals (1 per month) Incl: UPNA Jnr Rep Twilight Carnival 3pm –8pm, Sat 1 March 2025	Monday Nights at UPNA Starting 3 February 2025	Additional days (TBA) for team bonding and specialist sessions
<b>Senior State Age</b>	12 <sup>th</sup> – 15 <sup>th</sup> April 2025 Ipswich Netball Association	Senior Rep Teams will attend 3 - 4 carnivals Incl: UPNA Snr Rep Twilight Carnival 3pm –8pm, Sat 15 February 2025	Monday Nights at UPNA Pre-Season starting 4 November 2024 for 6 weeks Regular Season starting 27 January 2025	Additional days (TBA) for team bonding and specialist sessions
<b>GBNL</b>	March to September 2025 Nissan Arena Thursday Nights – U23s & Opens Friday Nights – U16s & U18s	GBNL Teams may attend 1 carnival pending dates	Monday Nights at UPNA Starting 3 February 2025	Additional days (TBA) for team bonding and specialist sessions